

# Crisis Resolution Team (CRT): Client Fact Sheet

## Receive short-term, in-home services and linkage to ongoing supports

### What is a Crisis Resolution Team (CRT)?

A CRT supports families with youth and young adults who are experiencing behavioral health challenges and would benefit from intensive, short-term (up to 42 days), in-home services and linkage to ongoing, sustainable supports. CRT aims to reduce the need for hospital admissions whenever possible by wrapping services around the family in an effective manner.

**Examples of CRT services include:** a needs assessment, service planning, care coordination, crisis management, peer support, family skill building, individual/family therapy, psychiatry, and medication management.

### Who is Eligible?

People 0 - 25 years of age who:

- Have presented in the crisis system and/or emergency departments with high acuity behavioral health needs
- Have received a crisis evaluation and is determined to be safe to remain in the home or community to receive intensive, short-term stabilization interventions
- Reside in Boulder, Broomfield, Delta, Montrose, Mesa, Weld, Adams, Arapahoe, Douglas, Elbert, Fremont, Chaffee, Lake, Custer, Denver, Jefferson, Gilpin, Clear Creek, or El Paso Counties or the City of Greeley, or Colorado Springs.

### How can I access these services?

Family members and caretakers can ask for CRT services when reaching out to Colorado Crisis Services by calling 1-844-493-TALK (8255), texting "TALK" to 38255, or visiting a local walk-in center location.

Scan the QR code below for a list of walk-in center locations:



*Colorado Crisis Services support is available regardless of a person's ability to pay. If an individual has private insurance, a co-payment, or other out-of-pocket expenses, there may be payment required depending on the plan coverage of your insurance provider. However, no payment is required at the time of service, and no person will be turned away for crisis services, regardless of their ability to pay.*



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