

Crisis Resolution Team (CRT): Provider Fact Sheet

Refer people for short-term, in-home services and linkage to ongoing supports

What is a Crisis Resolution Team (CRT)?

A CRT supports families with youth and young adults who are experiencing behavioral health challenges and would benefit from intensive, short-term (up to 42 days), in-home services and linkage to ongoing, sustainable supports. CRT aims to reduce the need for hospital admissions whenever possible by wrapping services around the family in an effective manner.

Examples of CRT services include: a needs assessment, service planning, care coordination, crisis management, peer support, family skill building, individual/family therapy, psychiatry and medication management.

How do I make a referral?

Referrals will be accepted from hospital emergency departments and the Colorado Crisis Services continuum. The referring agency would complete the referral form, gather any supporting documentation that would be beneficial to the team, and ensure releases of information are signed. Forms differ depending on the region. **If interested in making a referral, request a form via email to the address that corresponds to your region:**

Regions 3, 5, 6.....crisis@mhbhc.org

Region 1.....referral@integratedinsighttherapy.com

Regions 2 & 7.....crisis_resolution_team@carelon.com

Region 4.....youthcrisis@solvistahealth.org

Region Key

Region 1: Delta, Montrose, Mesa Counties

Region 2: Greeley

Region 3: Adams, Arapahoe, Douglas, Elbert Counties

Region 4: Fremont, Chaffee, Lake, Custer Counties

Region 5: Denver County

Region 6: Jefferson, Gilpin, Clear Creek, Boulder, Broomfield Counties

Region 7: Colorado Springs



Who is Eligible?

People 0 - 25 years of age who have:

- Presented in the crisis system and/or emergency departments with high acuity behavioral health needs
- Received a crisis evaluation and is determined to be safe to remain in the home or community to receive intensive, short-term stabilization interventions

Service Hours

Frequency of the services shall be offered at a minimum of 3 days per week, up to a variety of services multiple times daily depending on clinical need. Duration of services shall be offered for a minimum of 4 weeks, up to 6 weeks depending on clinical need.



COLORADO
Behavioral Health
Administration